

2025 Virtus Swimming World Championships

USA National Team Trip | August 20-30th | Bangkok Thailand



Minimum Qualifying Standards (MQS)

Swimmers must have at least one MQS to qualify for the Championships

MALE/OPEN		Long Course Meters (LCM)*	FEMALE	
II2	II1, II3		II1, II3	II2
Freestyle				
00:37.00	00:27.00	50m	00:32.10	00:45.00
01:22.00	01:02.00	100m	01:15.00	01:36.00
03:10.00	02:20.00	200m	02:42.00	03:30.00
07:00.00	05:20.00	400m	06:05.00	07:15.00
13:45.00	10:00.00	800m	13:00.00	15:00.00
26:00.00	20:00.00	1500m	25:00.00	30:00.00
Breaststroke				
00:50.00	00:42.00	50m	00:50.00	00:56.00
01:40.00	01:30.00	100m	01:45.00	02:00.00
03:45.00	03:17.00	200m	03:58.00	04:25.00
Backstroke				
00:44.00	00:34.00	50m	00:45.00	00:56.00
01:40.00	01:16.00	100m	01:38.00	01:55.00
03:37.00	03:01.00	200m	03:25.00	04:18.00
Butterfly				
00:38.00	00:31.00	50m	00:40.00	00:58.00
01:30.00	01:10.00	100m	01:25.00	01:48.00
03:30.00	02:41.00	200m Individual	03:35.00	04:15.00
Medley				
03:25.00	02:38.00	200m	03:10.00	04:10.00
06:50.00	06:00.00	400m	06:50.00	08:15.00

Minimum Entry Times (MET) for Additional Events

Swimmers with 1 MQS can compete in additional events where an MET is met.

MALE/OPEN		Long Course Meters (LCM)*	FEMALE	
II2	II1, II3		II1, II3	II2
Freestyle				
00:41.00	00:30.00	50m	00:35.00	00:50.00
01:30.00	01:08.00	100m	01:23.00	01:45.00
03:15.00	02:34.00	200m	02:58.00	03:51.00
07:00.00	05:20.00	400m	06:05.00	07:15.00
13:45.00	10:00.00	800m	13:00.00	15:00.00
26:00.00	20:00.00	1500m	25:00.00	30:00.00
Breaststroke				
00:55.00	00:46.00	50m	00:55.00	01:00.00
01:50.00	01:39.00	100m	01:55.00	02:12.00
04:00.00	03:36.00	200m	04:21.00	04:51.00
Backstroke				
00:48.00	00:37.00	50m	00:49.00	01:01.00
01:50.00	01:23.00	100m	01:48.00	02:06.00
03:50.00	03:19.00	200m	03:45.00	04:43.00
Butterfly				
00:42.00	00:34.00	50m	00:44.00	01:03.00
01:39.00	01:17.00	100m	01:33.00	01:58.00
03:50.00	02:57.00	200m Individual	03:56.00	04:40.00
Medley				
03:45.00	02:53.00	200m	03:29.00	04:53.00
06:50.00	06:00.00	400m	06:50.00	08:15.00



ATHLETES WITHOUT LIMITS (USA Member of Virtus) will post a USA Team Guide for this event with National Team selection criteria and trip details for US swimmers. Visit our US Team page at: www.athleteswithoutlimits.org/event/2025-virtus-world-swimming-thailand

*CONVERSION TO LCM: Times earned at events that are SCM (Short Course 25 Meter) or SCY (25 Yards) can be converted to LCM (Long Course 50 Meter) times using the online conversion tool at SwimSwam: swimswam.com/swimming-times-conversion-tool

QUALIFICATION PERIOD: Times must have been earned since June 1, 2023 at officially timed events.